



## **Physical Education SMSC Statement**

### **Life In All Its Fullness John 10:10**

At Halam C of E Primary School, Physical Education plays an important role in supporting children's Spiritual, Moral, Social and Cultural development. Our PE curriculum is carefully designed to promote enjoyment, self-discovery, character, and inclusion. Rooted in our Christian vision and our Halam 'APPLE' values, it fosters healthy bodies, confident minds, and compassionate hearts.

### **Spiritual Development**

Physical Education (PE) at Halam C of E Primary School supports children's spiritual development throughout the wide range of physical activities that our pupils participate in. In our PE lessons, we encourage teamwork, self-evaluation and the desire to improve performance. Our tailored curriculum, which we offer to pupils, provides them with an appreciation of sports and athletes from all around the world. Pupils develop a sense of enjoyment in PE, which creates a springboard for them wanting to learn more about themselves and others. Pupils build and develop positive feelings such as self-confidence, self-esteem, mind-set, and self-belief. They learn how exercise makes you 'feel good' and 'happy' and develops their knowledge and understanding of how exercise positively affects your body and mind. Children are encouraged to use their imagination and creativity through dance, gymnastics, and games - pupils are encouraged to be creative by expressing feelings and emotions in their dance and gymnastic performances. In our games units they have the opportunity to be creative in using tactics to attack and defend and attempt to 'outwit opponents' in game situations.

Examples in Physical Education:

- Enjoy learning about oneself: Through dance 'This is me' performance, discussing how we respect and accept that everyone is different, unique and special.
- Creativity: Children explore creativity through creating Dance and Gymnastic routines/sequences.
- Reflect: Mini-coach-pupils evaluate, provide feedback and aim to improve their own and other's performances.
- Feelings: Display feelings and emotions through their Dance and Gymnastics routines/sequences.
- Teamwork: Focusing on Team building - Motivation, determination, and character.
- Explore beliefs: Dance units - Children explore a variety of beliefs and faiths through active learning.



- Surrounding world: Curriculum mapping- selecting relevant units enable us to ensure we celebrate major sporting events e.g. Olympics, thus promoting awareness of sports and athletes around the world.

### **Moral Development**

P.E supports and embeds pupil's moral development in the games and activities that children participate in. P.E teaches and engages children in a range of moral dilemmas, such as code of conduct, etiquette, respect and fair play, sportsmanship, handshakes, applauding the opposition and unwritten rules. Our P.E curriculum enables every pupil to gain a good understanding of the rules of each sport and the importance of infringements such as penalties, allowing pupils to understand the consequences of their actions and behaviour. This helps our pupils to apply this same understanding into their own, everyday lives. Our P.E curriculum offers opportunities for children to take part in competitive situations within year groups and beyond the school. Children are able to reflect on these opportunities and develop an understanding of how to respond appropriately to feelings of injustice.

Examples in Physical Education:

- Right and wrong: From EYFS and throughout their time here basic rules of safety are introduced in every lesson along with the basic rules of play. As pupils progress, they learn rules keep them safe and encourage fair play, as well as the key vocabulary in rules, strategies and tactics; enabling them to communicate and respond appropriately about the rules, right and wrong.
- Consequences: In each sport, pupils are taught the rules and consequences. E.g. In Quicksticks, pupils are taught about free passes and penalty goals.
- Offering reasoned views: Discussions and opportunities to express their thoughts and feelings about games/activities and sporting situations.

### **Social Development**

P.E at Halam provides many opportunities to develop our pupil's social development. Our P.E curriculum provides opportunities for our children to work in pairs, small groups and teams; enabling them to learn the skills required for working, communicating positively and socialising with children from other backgrounds. In addition, children in our school learn to how to help others and be gracious to team members and other opponents. Children are taught how to appropriately develop and encourage others to become more successful in their sporting activities. Our school provides many extracurricular clubs and the use of Sports Leaders for providing games, allowing friendships to develop and social opportunities to mix with a variety of children from different backgrounds.



### Examples in Physical Education:

- **Social skills:** Through 'Social Dodgeball', children learn the ways to communicate effectively with their peers in team games. The use of mini-coaches allows peers to provide specific feedback and support/improve their own and others' performances. All planning teaches the key vocabulary so pupils can respond and provide specific feedback about an area of sport.
- **Willingness to participate in a variety of communities:** Sports Leaders volunteer their time to lead activities and support other pupils to become more active and engaged.
- **British Values:** Sports Values are introduced each half term and pupils are taught to develop an understanding of these values through actively recognising and practising these within sporting activities. E.g. Fair Play- actively taught in all games children participate in. Cultural Development Our P.E curriculum mapping supports develops and influences pupils understanding and appreciation of a wide range of different cultures in our school and further afield. Pupils have opportunities to work with a variety of different pupils in our school and beyond; in competitive situations. All children have the opportunity to participate in P.E activities, regardless of ability, SEND, ethnicity, race, religion and gender.
- **Understanding and appreciation of cultural influences:** Curriculum mapping- dance units make links to sports in different countries and international athletes and their achievements.
- **Recognise and value things we share in common:** Each area of P.E allows pupils to work in pairs, groups and teams, thus sharing a common goal.
- **Participating positively to sporting opportunities:** Visitors from different background- e.g. Paralympian, Sean Rose- opportunities to develop an understanding/experience resilience. Curriculum mapping- football is planned within our curriculum map from EYFS with the emphasis on football for all- linked with the Lionesses pledge.
- **Exploring and respect for differences:** P.E. values- actively apply key values of respect and tolerance within lessons.

### **Cultural Development**

PE supports children's cultural development by helping them appreciate the diversity of sport and its role in shaping communities across the world. Our curriculum includes global sporting events and cultural dance styles, introducing children to athletes and traditions from different faiths, ethnicities, and backgrounds.



Children learn that sport can challenge stereotypes, break down barriers, and bring people together—locally and globally. They are taught to respect and celebrate differences, while recognising the shared values that unite us.

**Examples in PE at Halam:**

- *Cultural Awareness:* Dance units inspired by world cultures (e.g Haka), and curriculum links to events like the Olympics.
- *Inclusion:* Activities planned for all abilities and backgrounds, including SEND, EAL, and gender equality initiatives like the Lionesses pledge.
- *Inspiration:* Visits from role models like Paralympian Sean Rose build understanding of resilience and inclusion.
- *Shared Values:* Children work in diverse groups, learning that teamwork, respect, and perseverance transcend culture.
- *Respect and Tolerance:* Pupils actively practise these values in every lesson and reflect on their relevance in wider society.